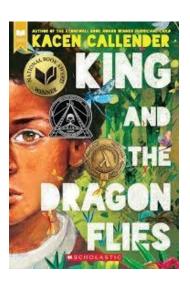
Recommended Books: Teens

King and the Dragonflies

Callender, K. (2020). King and the dragonflies. Scholastic Press.

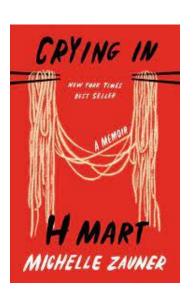
"The story begins with Kingston James, King for short, having to deal with the sudden and traumatic death of his 17 year old all-star older brother Khalid. Healing for King comes in the form of helping his friend face his own issues with homophobia and abuse, but coming to the understanding that he can love his brother, honor his memory, despite being hurt and disappointed in his brother's decisions and finally accepting that some conversations weren't ever going to happen, not even in dreams."



Crying in H Mart: A Memoir

Zauner, M. (2021). *Crying in H Mart: A memoir.* New York: Alfred A. Knopf.

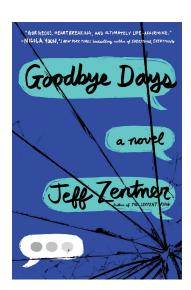
"An unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity... As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her."



Goodbye Days

Zentner, J. (2018). *Goodbye days*. Random House Children's Books.

"The heart-breaking and at times humorous look at one teen's life after the death of his best friends and how he navigates through the guilt and pain by celebrating their lives--and ultimately learns to forgive himself."



Speak of Me as I Am

Belasco, S. (2017). Speak of me as I am. Philomel Books.

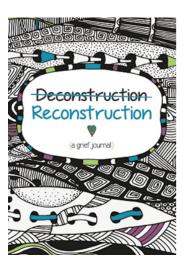
"A moving story of grief, honesty, and the healing power of art—the ties that bind us together, even when those we love are gone. Melanie and Damon are both living in the shadow of loss. But when the two join their school's production of *Othello*, the play they both hoped would be a distraction becomes a test of who they truly are, both together and on their own. And more than anything else, they discover that it just might be possible to live their lives without completely letting go of their sadness.



Deconstruction / Reconstruction: A Grief Journal for Teens

The Dougy Center. (2017). *Deconstruction/Reconstruction: A grief journal for teens*. Portland, OR.

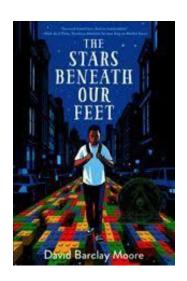
"A journal specially created for grieving teens. Whether a teen has experienced the death of a parent, sibling, grandparent, close friend, or other family member, this *Deconstruction/Reconstruction journal* is an advice-free place where teens can draw, write, paint, and transform whatever they're thinking and feeling."



The Stars Beneath Our Feet

Moore, D. B. (2017). *The stars beneath our feet.* Knopf Books for Young Readers.

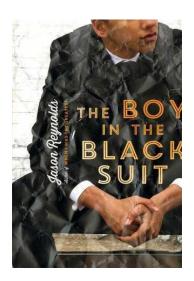
"It's Christmas Eve in Harlem, but twelve-year-old Lolly Rachpaul and his mom aren't celebrating. They're still reeling from his older brother's death in a gang-related shooting just a few months earlier. Then Lolly's mother's girlfriend brings him a gift that will change everything: two enormous bags filled with Legos. Lolly's always loved Legos, and he prides himself on following the kit instructions exactly. Now, faced with a pile of building blocks and no instructions, Lolly must find his own way forward."



The Boy in the Black Suit

Reynolds, J. (2016). *The boy in the black suit*. Atheneum/Caitlyn Dlouhy Books.

"Matt wears a black suit every day. No, not because his mom died—although she did, and it sucks. But he wears the suit for his gig at the local funeral home. Then Matt meets Lovey. Crazy name, and she's been through more crazy stuff than he can imagine. Yet Lovey never cries. She's tough. Really tough. Tough in the way Matt wishes he could be. Which is maybe why he's drawn to her, and definitely why he can't seem to shake her. Because there's nothing more hopeful than finding a person who understands your loneliness—and who can maybe even help take it away."



The Grieving Teen: A Guide for Teenagers and Their Friends

Fitzgerald, H. (2014). *The grieving teen: A guide for teenagers and their friends*. New York: Touchstone.

"Writing not only about but also for teenagers, Fitzgerald adeptly covers the entire range of situations in which teens may find themselves grieving a death, whether the cause was old age, terminal illness, school violence, or suicide. She helps teens address the gamut of strong and difficult emotions they will experience and the new situations they will face, including family changes, issues with friends, problems at school, and the courage needed to move forward with one's own life."

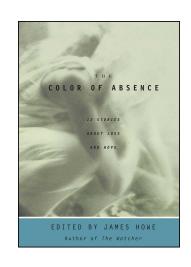


HELEN
FITZGERALD
Auther of
The Mourning Handbook and
The Clining Child

The Color of Absence: 12 Stories About Loss and Hope

Howe, J. (2004). *The color of absence: 12 stories about loss and hope*. Perfection Learning Corporation

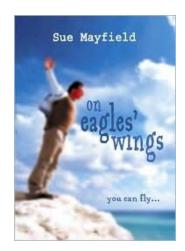
"In adolescence we feel our losses as if for the first time, with a greater depth of pain and drama than we are aware of having experienced ever before, says James Howe in his introduction to this stunning collection of short stories in which some of today's most celebrated authors of fiction for young adults explore the many faces of loss - the common thread they share and the hope that is born through change."



On Eagles' Wings

Mayfield, S. (2004). *On eagles' wings*. Oxford, Eng: Lion Publishing.

"Tony's mother is dying. There's nothing he can do about it and he can't always put a brave face on things. Often he wishes he could just fly away from everything, like an eagle, powerful and free. Gradually, through his experiences, Tony begins to understand that death can sometimes bring freedom. A very readable and sensitive story about growing up, family relationships, and facing bereavement."



Wipe Out

Thebo, M. (2003). Wipe out. London: Collins.

"A novel exploring a young boy's grief, set against a colorful background of surfing. Eleven year old Billy's mother has just died. Billy's father isn't coping too well so Billy goes to stay with his dull Auntie Mary. The death of his mother has taken all the color away from Billy's world. He sees his Auntie Mary as a gray person, whose dull blue house is shrouded in fog. Billy feels foggy and dull, too, and longs for the color to return to his life. For though Billy's mother is dead, her joyful personality pervades the whole story as Billy, Auntie Mary and Billy's dad all attempt to deal with their grief."



Straight Talk About Death for Teenagers: How to Cope With Losing Someone You Love

Grollman, E. (1993). Straight talk about death for teenagers: How to cope with losing someone you love. Boston, Mass.: Beacon Press.

"This book offers this definition: 'Grief is not a disorder, a disease or a sign of weakness. It is an emotional, physical, and spiritual necessity, the price you pay for love.' In this excellent resource for teenagers faced with the death of family members or friends, the author discusses the natural feelings connected with the loss of a loved one. In a straightforward and brief style, he goes on to cover all aspects of bereavement."

